



## BEEF VINDALOO

### **HEATING INSTRUCTIONS: 2+ Servings**

*If frozen, defrost in refrigerator overnight.*

1. Preheat oven to 400° F (375° F convection).
2. Place beef vindaloo, uncovered, on middle rack of oven.
3. Bake for 30 minutes, stirring midway through heating.
4. Meanwhile, heat basmati rice in the microwave.
5. Enjoy with cucumber rāīta, garlic naan and kachumbar salad.

### **HEATING INSTRUCTIONS: 4+ Servings**

*If frozen, defrost in refrigerator overnight.*

1. Preheat oven to 400° F (375° F convection).
2. Place beef vindaloo, uncovered, on middle rack of oven.
3. Bake for 30 minutes, stirring midway through heating.
4. Meanwhile, heat basmati rice in the microwave.
5. Enjoy with cucumber rāīta, garlic naan and kachumbar salad.

### **BON APPETIT!**

**\*For food safety, all hot items should be heated to a minimum of 165° F**

**\*\* Consume or freeze dishes on or before expiry date**